



ORGAN MOUNTAIN VIEWS

VOL. XXIII, Issue 2

February 2018

AAUW-LC Feb.10 Meeting Is For Your Heart: "Understanding Cardiovascular Risk Factors"



By popular request of our members, the **Feb. 10** branch general meeting will offer Part 2 of the program, "**Understanding Cardiovascular Risk Factors.**"

The meeting will be held in the Bethlehem Room of **Peace Lutheran Church**, 1701 Missouri Ave. Come at **9:30** for **conversation with members and**

guests. Business announcements and the program will begin at 10 am.

Our expert presenters will be **Regina Lanier RN, BSN, Chest Pain Program Coordinator for Mountainview Regional Medical Center and Amy Avalos RN, Stroke Program Coordinator for MountainView Regional Medical Center.**



Come to the meeting and bring a friend This is a program guaranteed to touch your heart!

**Are your friends considering AAUW membership?
Tell them about this!**

New to AAUW? SHAPE THE FUTURE:

Join at our meeting, Feb. 10, for \$31.25

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[AAUW-LC website](#)

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BE SURE TO VOTE

**Feb 6
School Bond
Issue Election**

The election concerns supporting a \$50 million bond issue for Las Cruces Schools that would provide new rooftops, expanded classroom

Two SHAPE THE FUTURE members =
1 FREE membership for the branch!

From our Co-Presidents Beverly Chambers & Christa Slaton

Happy New Year to all of our members! We're so happy to see our branch continue to grow and offer a wide array of excellent programs and support activities for girls and women. At our most recent meeting, the Board took time to reflect upon the accomplishments of last year:

For the first time, we co-sponsored the very popular **DIVA'S program with the Theatre Department at New Mexico State University** and netted \$3,000 from the endeavor. We continue to educate and support girls through **Girls Can!** and **Tech Trek**, mentored college women through the **NMSU Associate organization**, and offered a wide-range of interesting monthly programs for members. The **Interest Group Committee** has put increased emphasis on educational activities, such as **Great Decisions**, which studies and discusses foreign policy issues. Not only has our membership grown, but our members have become more engaged and long-term members have placed great emphasis on creating a welcoming environment for new members.

Our members have had a presence at **city council and county commission meetings** and have made **visits to state legislators** in efforts to advance AAUW's mission "to advance equality for women and girls through advocacy, education, philanthropy and research." Our **newsletter** and **website** are visually attractive and packed full of resources and interesting information. **Kudos to our wonderful committee chairs and all the members who are so dedicated to fulfilling our mission--while also having good times together.**

In the last month, we have had some changes in leadership. In December **Martha Mitchell** became the Advisor to the New Mexico State University AAUW Associate organization. **Christa Slaton** was approved by the Board to fill Donna Rea's final months as co-president serving with **Beverly Chambers**. At the January Board Meeting, **Mimi Roddy**, who has been an excellent Treasurer for the branch, submitted her resignation. Beverly Chambers is leading the effort to enlist one of our members to serve in that role. Please contact her at 575-405-0052 or flagbab@mac.com if you have nominations.

The January program included an enlightening educational program and tour at the **Burrell College of Osteopathic Medicine**. This for-profit medical school is interested in enrolling a diverse student population and encouraging expansion of medical care in rural and underserved areas of New Mexico.

space and new playground equipment .
Passing the issue would
NOT RAISE TAXES.

Early and absentee voting is available
at the Doña Ana County Government
Center until Friday, February 2, 2018
from 8 a.m. to 5 p.m.

Election day is February 6.
Convenient voting locations are listed
at
<https://www.donaanacounty.org/elections/lcps-election>

The Las Cruces Public Schools and the League of Women Voters of Greater Las Cruces will present a forum on the bond issue on Jan. 31 from 5:30-6:30 at the LCPS Board Room, 505 S. Main.

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To send the Organ Mountain Views to a friend,
click on the Forward this Email link at the bottom of this newsletter

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Upcoming General Meetings & Events

Saturday, Feb. 10
10 am - noon
Peace Lutheran Church
"Understanding Risk Factors for Cardiovascular Disease"
Staff of MountainView Hospital

Sat., March 10
GIRLS CAN!
8 am - noon
DACC East Mesa Campus

New to the OMV?

Join Our
Mailing List

[CLICK HERE!](#)

Remember **Girls Can! is March 10th at Dona Ana Community College East Mesa Campus**. Please contact **Ann McCullough** if you are interested in volunteering for this program. **Marsha Hokkanen** staffed an AAUW table at the **Women's March** in downtown Las Cruces on January 21st. We will be attending the **AAUW State Meeting in Santa Fe January 28-29** to learn about legislation that furthers AAUW's mission and meet with legislators to advocate for these legislative initiatives.

As you can see, we are a branch that is not only thoughtful and deliberative, but we are active! Please stay involved and let us know if you want to be more involved.

With appreciation,
Beverly Chambers and Christa Slaton

GIRLS CAN! 2018

- a letter to members from Ann McCullough

Girls Can! 2018 is charging ahead. It will be held again this year on Saturday, March 10, from 8 am - noon, at Doña Ana Community College, East Mesa Campus, 2800 Sonoma Ranch Blvd.

We have **16 workshops planned** for the sixth grade girls from schools across our county, some new, some classic. Just to mention a few, some of our own members are providing these outstanding workshops: **Bonnie Schranz** (theatre), Municipal Judge **Joy Goldbaum** (law), **Panjola Coney** (medicine), and **Martha Mitchell** (green slime, I mean chemical engineering).



Girls Can! Coordinator Ann McCullough in "recruiting mode" at the Burrell College of Osteopathic Medicine, where she spoke with Senior Associate Dean for Academic Affairs Robert Ketchum, Ph.D. about potential workshop presenters for next year's event.

Last year, we offered the Parents' Workshop in both Spanish and English. This proved to be a whopping success and will probably be even better this year! With the leadership of **Rorie Measure** and **Shirley Armstrong** working with DACC faculty and staff members, both workshops will be amazing.

The Management Team consisting of **Kay Brilliant**, **Kay Williams** and **Londa Seiffert** has been working with me all year to bring a great Girls

Can! to our 24th year. The two Kays are also leading the School Contact Team, bringing enthusiasm for Girls Can! to 6th grade girls all over the county. We are getting great cooperation from the Las Cruces Public School District and hope to have even more Las Cruces girls attend this year. We had nearly 250 girls attend last year, and Girls Can! could be even bigger this year. The Registration Team is already gearing up for a crowd.

*** Londa is once again coordinating volunteers for the event. If you haven't signed up yet, you still can! She has a need for some volunteers ahead of time and others just the day of the event.**

*** We can always use more financial donations. Thanks to members who have donated this year, and special thanks to new member, **Christine Long**, for securing us a very nice donation from the engineering firm CALCULEX, Inc. If any members would like to make a donation this year, we have two choices.**

One way to make a donation is to go to our branch website (lascruces-nm.aauw.net), scroll down to Girls Can! and click on Donate. It's that easy to donate online. It was arranged by Becca Galves with the New Mexico Network for Women in Science and Engineering, which has agreed to let us use their tax-exempt status for a 5% handling fee.

If you don't care about the tax deduction or just want all of your money to go to Girls Can! **you can also send a check made out to AAUW-LC with Girls Can! in the note line at the bottom. And please send it to our new PO Box 1081, Las Cruces, 88004.**

Thanks to everyone for your help! Together, we are making a difference in the futures of 6th grade girls! See you on March 10 at DACC, if not before.

INTEREST GROUPS

Anything Goes Book Group

17 book lovers meet on the **2nd Monday each month at 1:30 pm** to discuss a wide variety of reaching selections, both fiction and non-fiction. New members are always welcome. The next discussion will be on Feb. 12 at the home of Marsha Ogden to discuss Lilac Girls by Martha Hall Kelly.

Contact: Julia Bruner 522-1685 or julesnewmexico@gmail.com to join

Anything Goes Fiction Book Group

We meet on the **4th Monday each month at 1:30 pm** at different homes. Our group has grown to 13 this year, so please RSVP when each hostess sends an email meeting notice. Our next meeting will be on Feb. 26 to discuss The House at Riverton by Kate Morton.

Contact: Kay Williams 521-9279 or kwilliams48@msn.com to join

All books for the balance of the year can be found on our branch website at <https://lascruces-nm.aauw.net/activities/interest-group>

Daytime & Evening Bridge

The AAUW-LC daytime bridge group meets on the **2nd Thursday of each month at 1:00 pm to approximately 4:00 pm.**

Jan	11, 2018	Carol Ann Council
Feb	8, 2018	Shirley Armstrong
Mar	8, 2018	Lavita Costley

The AAUW-LC evening bridge group meets the **4th Tuesday of each month at 7:15 pm**

Jan	23, 2018	Carol Ann Council
Feb	27, 2018	Ann Wheeler
Mar	27, 2018	Lavita Costley

Contact: Carol Ann Council 522-3313 or kk-ca_council@msn.com

Great Decisions will meet on **Feb. 26 at 2:30 pm** in the Roadrunner Room at Branigan Library. Members will be discussing Russia's Foreign policy.

Contact: Marsha Ogden 532-5466 or marshaogden@yahoo.com

Laugh & Learn Spanish

Spanish I and II are continuing to meet every Wednesday.

Contact: Donna Yargosz 312-2145 or yargoszdonna@yahoo.com

Going Places will meet **Thursday, Feb. 15, a few minutes before 10:00 am** in the lobby of the **Farm & Ranch Museum** for a "behind the scenes" tour including their new exhibit of unusual artifacts. Weather permitting, we will tour the animal buildings and see the milking demonstration. Lunch will follow at a local restaurant.

Contact: Ann Kaiser 932-8340 or anndaviskaiser@me.com to make your reservation for this event.

Southwest Studies is continuing historical research in preparation for a trip to a selected area later in the year. Trips are limited to members who have participated in the research and planning for the trip.

Contact: Cheryl Tom-Nelson 647-1631 or ctngolfgo@gmail.com

Mahjong, Hong Kong style, meets **every Wednesday at 3:00 pm**. Beginners are welcome. We meet at Rita Worrell's home.

Contact: Rita Worrell at ritaworrell@gmail.com for more information.

International Gourmet Group #1 will not be holding an event in February.

Contact: Beverly Chambers 405-0052 or flagbab@mac.com

International Gourmet Group #2

As was previously announced, we are exploring the creation of a

second International Dining group. We hope to have our first dinner in early March and we hope to limit the group to 6-8. Spouses, significant others, etc. are welcome.

Contact: Julia Brown 556-9275 or boardchair@aauw.org if interested in joining this new group.

Dining Out will not meet in February

All Above Board

Board meetings are open to all members. The Board meets at 9:30 am in the Conference room at Good Samaritan (downstairs). They will meet next on Monday, Feb 5. Minutes come to us compliments of Secretary Fran Plec.



Carrie Hamblen (center), LC Green Chamber of Commerce Director and Mesilla Valley Community of Hope Board Chair, met with the AAUW-LC Board in January to offer suggestions of what are the "Best Board Practices" as our organization sets goals for 2018.

NEW POST OFFICE BOX & MAILING ADDRESS

Please note that AAUW-LC has a new mailing address. It is:

AAUW-LC

Post Office Box 1081, Las Cruces, NM 88004

MEMBERSHIP

We are happy to welcome several new members to AAUW-LC. They are Selma Ryave, Gita Nelson, Anne McKeown, Mary Borer and Jacqueline Schur.

ROUNDTABLE CONVERSATIONS!

With the holidays behind us, we will restart our Roundtable Listening Conversations! We have had 20 participants so far and our goal is 60. The challenge is coordinating a time and day when 6 of our members can come together. **You will be receiving a personal phone call from Kay Brilliant to get you scheduled.** We are excited about the information we are gathering. **So, stay tuned and**

let us hear your voice.

WOMEN GRADUATES-USA - Carol Ann Council, International Liaison Human Trafficking

January was **National Slavery and Human Trafficking Prevention Month** and a reminder of our responsibility to take actions that help prevent this heinous crime. Human trafficking continues to grow and has become the second largest global crime, primarily affecting women and children.

Currently there's a bipartisan bill, Stop Enabling Sex Trafficking ACT (SESTA, S.1693) with bipartisan senate support to help ensure that sex traffickers are brought to justice. Sponsors Senator Portman (R-OH) and Blumenthal (D-CT) urge quick passage of SESTA as an "important milestone in our fight to hold online sex traffickers accountable and help give trafficking survivors the justice they deserve". Please contact your senators ASAP and urge them to support SESTA. So far over 60 senators and 150 representatives support S.1693.

Fellowship 2019

The Graduate Women's Fellowship (Graduate Women International - GWI) Fellowship Committee is celebrating the first 100 years of GWI by offering a special \$12,000 scholarship in honor of Dr. Caroline Spurgeon, a founding mother of Indian Federation of University Women (IFUW), to be presented to a worthy PhD candidate in 2019. The Committee is in urgent need of funds to make this scholarship a reality. A special fund has been set up to accommodate this need. Please help by sending a donation or offering a pledge to donate. Full information can be found on the GWI website.

<http://www.graduatewomen.org/wp-content/uploads/2014/01/Centenary-Fellowship-full-text.pdf>

2018 Conference theme - "Women in Stem Professions, Challenges - Support - Education"

University Women of Europe Annual General Meeting - 21-24 June 2018. WG-USA (Women Graduates USA) invites you to the next AGM of the University Women of Europe in Rome. **Focus topics:** How to create opportunities and support systems for women in STEM professions. What challenges do they face? How can we combine technological innovations with empowerment of women and girls? How do we improve the working conditions in STEM professions, so more women will chose STEM studies and professions? How do we create equal opportunities for women and girls in a world that changes so rapidly?



Tech Trek is a week-long, immersion, residential summer camp

for up to 64 girls entering 8th grade, and is focused entirely on science, technology, engineering and math (STEM). Girls from all over the state are nominated by teachers and selected by AAUW members from applications, essays and interviews. Our 5th year, 2018 Tech Trek is June 10-16 at NM Tech, Socorro.

Although the cost for the entire week is \$1,000 per camper, they only pay \$50 to attend. The balance of the 2018 \$60,000 budget is raised through corporate and individual donations. In 2017, individual donations comprised nearly 50% of the total dollars raised.

Tech Trek NM is a 501(c)(3) organization.

Tax deductible donations can be made at techtrek-nm.aauw.net.

Be sure to select the fund name: Tech Trek NM under the tab:

Donate. All major credit cards and PayPal are accepted.

Alternatively, checks, payable to Tech Trek-New Mexico can be mailed to PO Box 251, Placitas, NM 87042-0251.



Young women from across the state who are our future tech professionals - inspired by attending Tech Trek NM last summer.

What does your money buy?

\$950 covers the cost of one camper for the week

\$50 provides a scholarship for one camper's fee

\$1,200 covers the cost of the stipend for one teacher

\$350 covers room and board for one camper

\$200 supports one dorm counselor

\$25 covers the cost of the lab notebook, tote bag and flash drive for one camper.

AAUW-LC Members Are Active in Las Cruces Community Events

In addition to branch events during the month of January, members were also active in a variety of community activities, which included seven AAUW-LC **volunteers who assisted the Las Cruces Soroptimist organization** at their first annual conference for high school girls, "Dream It, Be It" held at Doña Ana Community College.

Young women from Las Cruces High School, Centennial High School and Rio Grande Preparatory Institute attended the workshops designed to help the girls increase their knowledge of basic personal finance and money management; the importance of basic professional etiquette, skills, and behaviors; develop concrete strategies for overcoming obstacles to completing their educations and pursuing professional careers; and develop strategies for managing stress. Questions asked by the girls were outstanding and they left with a bounce in their step. **A number of the girls who attended said that they had also attended AAUW's Girls Can! as sixth graders.**



National Women's March

Several of our branch members also participated in an **AAUW nationally supported event, the 2018 Women's March** that took place not only in Las Cruces, but in cities across the country and the globe, calling into awareness not only women's issues, but issues affecting the lives of many people universally.

AAUW-LC branch member and AAUW National Chairman JULIA BROWN delivered the keynote address at the Las Cruces event. Marsha Hokkanen assisted by other branch members also had a table where Membership information was available.



THINKING OF YOU..

Please contact **Judy McGuire** by phone or email judymcguire2@gmail.com when you hear of another AAUW-LC sister who would appreciate a card from AAUW-LC to cheer her up, provide sympathy, offer congratulations or get well.

January Branch Meeting at Burrell College

January's branch meeting featuring a tour of the new Burrell College of Osteopathic Medicine was exciting as well as informative. Members and guests were introduced to cutting-edge technical innovations for medical education and a philosophy that encourages a diverse student body to eventually apply what they learn in their future employment in medical facilities close to home .



The patient in bed is HAL, one of several life-like robotic humans who reside in-house at the College. In other practice surgeries, we met HAL's wife and son, as well as a patient who was giving birth - with amazing abilities to mirror human movements, medical conditions and responses.





Beginning medical students at Burrell take a virtual anatomy course with on-screen information. Later in their studies, their chosen speciality may include actual anatomy experiences within a lab science course.

Of Note...

What girls are thinking today... :)



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575-526-5250 callywill@hotmail.com

AAUW-LC, PO Box 1081, Las Cruces, NM 88004

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